

Pain Medicine educational session	Physiotherapy educational session	Psychology educational session	Nursing educational session
Topical lecture	Interprofessional learning session	Industry Supported Session	Break

		Thursday, 4 November 2021			
08:15	08:45	Systematic reviews; the crisis of quality and identifying a good review Chair: Johannes Vlaeyen, Belgium The crisis of quality and spin in systematic reviews Neil O'Connell, United Kingdom Knowing how to spot a good review and what to trust Emma Fisher, United Kingdom QA			
08:45	09:15	Long COVID and PAIN challenges Chair: Roger Knaggs, United Kingdom Challenges with analgesics in the COVID pandemic Gisèle Pickering, France Long COVID Deepak Ravindran, United Kingdom QA			
09:15	09:30	Break			
09:30	10:30	Interprofessional working in chronic pain: Evidence, barriers, and solutions Chair: Sónia Bernardes, Portugal Examining the effectiveness of unidisciplinary clinical psychology and interdisciplinary chronic pain treatments Kevin Vowles, United Kingdom Applying key principles to the setting up of a new interdisciplinary pain prevention service Ulrike Kaiser, Germany Interdisciplinary working: A nursing perspective Amelia Swift, United Kingdom QA			
10:30	10:45	Break			
10:45	11:45	Pharmacotherapy of pain Chair: Harm Peters, Germany Pharmacotherapy of pain during pregnancy and breastfeeding Flaminia Coluzzi, Italy Pharmacotherapy of pain in liver disease Bart Morlion, Belgium Pharmacotherapy of pain in renal disease Harm Peters, Germany QA	Pain science and knowledge Chair: Harriet Wittink, Netherlands Nociception to the dorsal horn Roland Reezigt, Netherlands Pain modulation Roland Reezigt, Netherlands Pain in the brain Andre Mouraux, Belgium QA	Pain models: Pain communication and application Chair: Kai Karos, Belgium Theoretical foundations of pain communication Kai Karos, Belgium Clinical application of pain communication theories to reduce stigma and invalidation of people with pain Harbinder Sandhu, United Kingdom The role of (implicit) bias in pain assessment and patient-clinician interactions Claire Ashton-James, Australia QA	Nursing assessment and measurement of pain Chair: Nadja Nestler, Austria Pain assessment and triage in trauma patients in the emergency department Sivera Berben, Netherlands Blunt Thoracic Injuries: Understanding pain throughout the recovery journey Edward Baker, United Kingdom Pain assessment in adult ICU Irmela Gnass, Austria QA
11:45	12:00	Break			

12:00	13:00	<p>Neck and back pain</p> <p>Chair: Peter Vanwambeke, Belgium</p> <p>Clinical assessment to identify specific causes Peter Vanwambeke, Belgium</p> <p>Role of imaging in spinal pain Rianne van der Heijden, Netherlands</p> <p>Identifications for spinal surgery Bart Depreitere, Belgium</p> <p>QA</p>	<p>Exercise and chronic pain</p> <p>Chair: Catherine Doody, Ireland</p> <p>Evidence for exercise in the management of chronic pain Máire-Brid Casey, Ireland</p> <p>Dysfunctional endogenous pain inhibition during exercise in chronic MSK pain Jessica Van Oosterwijck, Belgium</p> <p>Should exercises be painful in the management of chronic musculoskeletal pain Benjamin Smith, United Kingdom</p> <p>QA</p>	<p>Fear of pain: Concepts, evidence and application</p> <p>Chair: Johannes Vlaeyen, Belgium</p> <p>Introducing the concept 'Fear of pain' Johannes Vlaeyen, Belgium</p> <p>The persistence of avoidance behaviour Ann Meulders, Belgium</p> <p>The reduction of avoidance behaviour Katja Boersma, Sweden</p> <p>QA</p>	<p>Principles of pain treatment</p> <p>Chair: Petra Mandysova</p> <p>Promoting self-management during COVID and beyond Chris Bridgeford, United Kingdom & Joe Parsons, United Kingdom</p> <p>Lifestyle interventions for people in pain Speaker: Petra Mandysova</p> <p>QA</p>
13:00	13:30	Exhibition and Lunch Break			
13:30	14:15	Industry Supported Session *			
14:15	15:15	<p>Neuropathic pain</p> <p>Chair: Didier Bouhassira, France</p> <p>NeuPSIG identification algorithm for neuropathic pain. Possibilities and potential pitfalls Didier Bouhassira, France</p> <p>Central neurostimulation techniques to relieve neuropathic pain Luis García-Larrea, France</p> <p>Somatosensory testing, including quantitative thermal testing (QTT) Janne Gierthmuhlen, Germany</p> <p>QA</p>	<p>Self-management and chronic pain</p> <p>Chair: Stefan Elbers, Netherlands</p> <p>Self-management in rehabilitation Michael Nicholas, Australia</p> <p>Barriers and enablers to self-management Hemakumar Devan, New Zealand</p> <p>What is self-management - concept analysis Dominique Van Der Velde, Belgium</p> <p>QA</p>	<p>Paediatric pain treatment: Overview and treatment approaches</p> <p>Chair: Meghan McMurtry, Canada</p> <p>Social context of paediatric (everyday) pain and implications for management Line Caes, United Kingdom</p> <p>Understanding and managing paediatric needle-related pain and fear Meghan McMurtry, Canada</p> <p>Behavioural interventions for paediatric chronic pain Rikard Wicksell, Sweden</p> <p>QA</p>	<p>Clinical updates: Postoperative pain treatment</p> <p>Chair: Rianne van Boekel, Netherlands</p> <p>Pharmacological treatment of postoperative pain Rianne van Boekel, Netherlands</p> <p>Non-pharmacological interventions for postoperative pain Sigridur Zoëga, Iceland</p> <p>Clinical effect of the combination of adjuvants and local anesthetics in postoperative pain treatment Winfried Meissner, Germany</p> <p>QA</p>
15:15	15:30	Break			
15:30	16:30	<p>Pain and problem substance use</p> <p>Chair: Geert Dom, Belgium</p> <p>Background and foundation Arnt Schellekens, Netherlands</p> <p>Risk assessment and clinical presentation Geert Dom, Belgium</p> <p>Opioid tapering and stopping for pain physicians Bart Morlion, Belgium</p> <p>QA</p>	<p>Behavioural change and pain management</p> <p>Chair: Brona Fullen, Ireland</p> <p>Different behavioural styles in patients with chronic low back pain Ivan Huijnen, Netherlands</p> <p>Tools for adherence to behaviour change in pain self-management Anne Söderlund, Sweden</p> <p>Strategies for physiotherapists' behaviour change when implementing evidence in practice Johanna Fritz, Sweden</p> <p>QA</p>	<p>Emerging technologies for the management of pain</p> <p>Chair: Zina Trost, United States</p> <p>Advances in virtual reality for pain management Zina Trost, United States</p> <p>Acceptance and exposure-based online treatment for chronic pain Jenny Rickardsson, Sweden</p> <p>Web-based interventions and educational websites for pain management Rubén Nieto, Spain</p> <p>QA</p>	<p>Clinical updates: Cancer & cancer survivors</p> <p>Chair: Martin Galligan, United Kingdom</p> <p>Principles of cancer-related pain management Martin Galligan, United Kingdom</p> <p>Invasive cancer pain treatment Suzanne Chapman, United Kingdom</p> <p>Management of complex cancer related pain Martin Galligan, United Kingdom & Suzanne Chapman, United Kingdom</p> <p>QA</p>
16:30	16:45	Break			
16:45	17:15	<p>Ethical dilemma situations in clinical practice</p> <p>Chair: Andreas Kopf, Germany</p> <p>Ethics of principles by Beauchamp & Childress Andreas Kopf, Germany</p> <p>QA</p>			

* Industry Session not included in main event CME/CPD credit

		Friday, 5 November 2021					
08:15	08:45	Bridging the gap between patients and health care providers: Communication strategies in pain management Chair: Bart Morlion, Belgium Candy McCabe, United Kingdom QA					
08:45	09:15	Gut Feelings: The microbiome and pain disorders Chair: David Finn, Ireland Siobhain O'Mahony, Ireland QA					
09:15	09:30	Break					
09:30	10:30	Multidisciplinary female pelvic pain management Chair: Manohar Sharma, United Kingdom Urogynaecology perspective on complex female pelvic pain Shaireen Aleem, United Kingdom Pain Medicine perspective on complex female pelvic pain Rajiv Chawla, United Kingdom Psychology perspective on complex female pelvic pain Natalie Lane, United Kingdom QA				EDPM Exam Guidance, Mock Content Demo and Q&A	EDPP Exam Guidance, Mock Content Demo and Q&A
10:30	10:45	Break					
10:45	11:45	Chronic widespread pain Chair: Indre Bileviciute-Ljungar, Sweden Cronic widespread pain. Differential Diagnosis Winfried Häuser, Germany Hypermobility spectrum disorder (HSD) pain management Hani Hattar, Sweden Chronic widespead pain and fibromyalgia. The role of physician and multidisciplinary approach Indre Bileviciute-Ljungar, Sweden QA	Education and communication Chair: Morten Høgh, Denmark Explaining pain to patients with chronic pain Tim Beames, United Kingdom Narrative medicine and chronic pain Lissanthea Taylor, Australia Psychologically informed practice Chris Main, United Kingdom QA	ACT and mindfulness: Overview and application to pain Chair: Lance McCracken, Sweden ACT model and evidence Whitney Scott, United Kingdom ACT Method and for whom Lance McCracken, Sweden Mindfulness model, evidence, method, and for whom Jasmine Hearn, United Kingdom QA	Clinical updates: Infants, children and young people Chair: Emma Briggs, United Kingdom Pain assessment in paediatric ICU Norma Okeeffe, Ireland Non-pharmacological techniques with children and young people Verena Del Valle Mattsson, Switzerland Procedural pain management Koen Vanhosebrouck, Belgium QA		
11:45	12:00	Break					
12:00	13:00	Pain in infants, children and adolescents Chair: Boris Zernikow, Germany Psychological aspects of acute and chronic pain including pain assessment Julia Wager, Germany The biology of acute pain and acute pain treatment Francesca Oppitz, Netherlands The biology of chronic pain and chronic pain treatment Boris Zernikow, Germany QA	eHealth in pain management Chair: An de Groef, Belgium The potential role of ehealth in rehabilitation Michiel Punt, Netherlands Stratified blended care Corelien Kloek, Netherlands E-health self-management to support physical activity for chronic painful conditions Mark Van Tilburg, Netherlands QA	Resilience factors and their role in buffering pain Chair: Madelon Peters, Netherlands Optimism as a resiliency for pain Madelon Peters, Netherlands Positive affect at the intersection of the biopsychosocial model of pain Patrick Finan, United States Coping with chronic pain: On the value of acceptance and flexible goal adjustment Emelien Lauwerier, Belgium QA	Clinical updates: Neuropathic pain Chair: Nicola Torrance, United Kingdom Epidemiology and risk factors associated with neuropathic pain Nicola Torrance, United Kingdom Assessment of neuropathic pain Nadine Attal, France Managing pain diabetic neuropathy Suzanne Pouwels, Netherlands QA		
13:00	14:15	Exhibition and Lunch Break					

14:15	15:15	<p>Interventional pain management</p> <p>Chair: Sam Narouze, United States</p> <p>Intrathecal drug delivery for chronic pain Peter Staats, United States</p> <p>Basic principles of radiofrequency in pain management: Understanding the mechanisms Koen Van Boxem, Belgium</p> <p>Sphenopalatine Ganglion Block: Techniques and indications Sam Narouze, United States QA</p>	<p>Acute pain in sports</p> <p>Chair: Harriet Wittink, Netherlands</p> <p>Inflammation and tissue healing Tim Watson, United Kingdom</p> <p>Pain or injury Morten Høgh, Denmark</p> <p>Being an athlete with pain Tasha Stanton, Australia QA</p>	<p>Prevention of chronic pain: Biopsychosocial risk models, evidence and early intervention</p> <p>Chair: Monika Hasenbring, Germany</p> <p>Psychological prognostic factors in musculoskeletal pain: Description, conceptualization, and approaches for early intervention Paul Campbell, United States</p> <p>Assessing psychosocial barriers to return-to-work and pain-related disability William Shaw, United States</p> <p>Transition to persistent pain: The role of activity-related behaviour and early interventions Monika Hasenbring, Germany QA</p>	<p>Clinical updates: Pain and dementia</p> <p>Chair: Patricia Schofield, United Kingdom</p> <p>Identifying and assessing pain in dementia care Stefan Lautenbacher, Germany</p> <p>Using technology to assess and manage pain in dementia care Thomas Hadjistavropoulos, Canada</p> <p>Managing pain in dementia care Gisèle Pickering, France QA</p>
15:15	15:30	Break			
15:30	16:30	<p>Addiction and substance abuse in the context of chronic pain</p> <p>Chair: Kevin Vowles, United Kingdom</p> <p>Co-morbid chronic pain and opioid misuse/opioid use disorder Kevin Vowles, United Kingdom</p> <p>Alcohol use disorder from the perspective of addictions treatment Katie Witkiewitz, United States</p> <p>Reflections on 20 years of working a pain and addiction treatment service Alexander Baldacchino, United Kingdom QA</p>			
16:30	16:45	Break			
16:45	17:15	<p>Application of digital technology to facilitate practice</p> <p>Chair: Brona Fullen, Ireland</p> <p>Use of technology in the remote management of musculoskeletal pain David Hohenschurz-Schmidt, United Kingdom</p> <p>Use of VR to facilitate clinician treatment decision-making around pain Adam Hirsh, United States QA</p>			

		Saturday, 6 November 2021			
09:00	10:00	Pain science education for pain management Chair: Jonathan Hill, United Kingdom Setting the scene: the power of PSE in interdisciplinary pain management Bart Morlion, Belgium Implementation of PSE: Lessons learned from the past 20 years Lorimer Moseley, Australia PSE in special populations: Pain Education after CANcer (PECAN) An De Groef, Belgium QA			
10:00	10:15	Break			
10:15	11:15	Primer pain conditions Chair: Hani Hattar, Sweden Mixed pain Rainer Freynhagen, Germany Pain and related symptoms in post COVID-19 patients Indre Bileviciute-Ljungar, Sweden Burning mouth syndrome Antoon De Laat, Belgium QA	Special populations Chair: Anneleen Malfliet, Belgium Pain in people suffering from intellectual disability Owen Doody, Ireland Pain in children Kelly Ickmans, Belgium From Working with Persistent Pain to Long COVID - a clinical perspective Stephanie Poulton, United Kingdom QA	Pain assessment: Multiple methods Chair: Edmund Keogh, United Kingdom Introduction and overview of need for multiple assessment for pain Ulrike Kaiser, Germany Self-reported questionnaires Dimitri Van Ryckeghem, Netherlands Nonverbal measurement of pain behaviour Judith Kappesser, Germany QA	Educating patients and professionals Chair: Emma Briggs, United Kingdom Patient education: The effect of positive words on pain and anxiety Sigrid Heemskerk, Netherlands Patient perspective: Priorities in educating patients and professionals Chris Bridgeford, United Kingdom & Joe Parsons, United Kingdom Professional education: Developing e-learning Emma Briggs, United Kingdom QA
11:15	11:30	Break			
11:30	12:30	Cancer pain Chair: Manohar Sharma, United Kingdom Pain management at the end of life: Evidence and practice Nevenka Krceviski Skvarc, Slovenia Pain management at the end of life: Case presentation Manohar Sharma, United Kingdom Managing common non-pain symptoms at end of life Sam Ahmedzai, United Kingdom QA	Special populations & comorbidities Chair: Catherine Blake, Ireland Nutrition pain and obesity Anneleen Malfliet, Belgium Sleep (problems) and pain Eveline van Looveren, Belgium Medically unexplained physical symptoms (MUPS) Speaker: TBA QA	Pain management for older adults: Overview and treatment approaches Chair: Miriam Kunz, Germany Older adults' pain prevalence and underlying mechanisms Stefan Lautenbacher, Germany Assessing older adults' pain experiences Miriam Kunz, Germany Psychological interventions for older adults with chronic pain Peter Mattenklodt, Germany QA	Leadership and advanced nursing practice Chair: Rianne van Boekel, Netherlands Advanced nursing roles to be: Transitional pain services Nadja Nestler, Austria Advanced nursing roles: Nurse-led pain clinic Karin Cannons, United Kingdom Building a network, career and professional development: A nice example Patricia Schofield, United Kingdom QA
12:30	12:45	Break			
12:45	13:45	Musculoskeletal pain in adolescents Chair: Michael Rathleff, Denmark Who are the adolescents with musculoskeletal pain that have the highest risk of a poor outcome? Sinead Holden, Denmark Evidence-based self-management approaches for adolescent musculoskeletal pain: from simple to complex Michael Rathleff, Denmark Biopsychosocial understanding of the transition from acute to chronic pain in adolescents Tonya Palermo, United States QA			